



# Tommy Moore

Exercise Physiology | Nutrition | Neuroscience

**18th March, 2024**

Dear VCE PE Education Staff,

I am writing to express my interest in supporting the education delivery of VCE PE at your school. For context, my qualifications and experience include:

- Extensive teaching background and academic achievements that contribute to public health and physical education.
- Graduated with majors in **Exercise Physiology** and **Nutrition**, gained teaching experience at **BioLAB**, teaching **STEM in sport**, health, and human performance.
- Currently studying a **Master's in Neuroscience** at the University of New England.

My teaching methods and communication delivery provide expert-opinion to students in all related teaching areas of VCE PE (see [VCE PE Education Support](#)), and showcase medical-grade bio-analysis during an incremental exercise test (see [VCE PE Specialist Education Program](#)). Depending on specific needs, some potential roles could include:

- **Education Support (ES):** Lead discussion sessions and practicals, and provide study groups or one-on-one assistance to students.
- **Specialist Education Program (SEP):** Deliver a real-world application of sports science to exercise physiology.

Throughout these documents, I outline the option for ES and the SEP, specifically focusing on the Lactate Threshold Test and its relevant curriculum links. Currently, I am gathering scope of interest in the SEP before I formalise its final developments. Please be aware that these services are provided as an independent contract and will be made available to various schools.

Kind regards,

**Tommy Moore**